

News Release

***Northern Rehab Physical Therapy Specialists • DeKalb, IL 60115
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For Immediate Release

Headline: Northern Rehab Offers Telehealth Virtual Option for Physical Therapy in Response to COVID-19

Physical therapy services are considered an essential health care service during the Shelter in Place order. Therefore, Northern Rehab Physical Therapy Specialists remains open and available to ensure patients receive the physical therapy treatments they need during the ever-evolving COVID-19 pandemic.

“The health of our patients, staff, and community remain our top priority at Northern Rehab” comments Ken Olson, Physical Therapist and President of Northern Rehab. “While we’re still available for those patients that need us in the clinic, Northern Rehab is now offering patients the ability for Telehealth, or “e-visit”, physical therapy appointments for patients from the comfort and safety of their homes as an additional option. Our goal is to safely continue treatment with minimal interruption for our patients so they do not regress and will continue to recover to regain strength and mobility, while protecting the safety and health of patients and employees.”

Telehealth technology allows you to have a "virtual" physical therapy appointment by video conference with your Physical Therapist using a home computer, laptop, tablet, or smartphone. Once a Telehealth appointment is scheduled, an e-mail invitation is sent with instructions how to proceed for the virtual appointment.

If you have not had physical therapy in a while and wish to return, remember that patients can receive physical therapy treatment without a physician prescription. This is especially important if you would like to avoid the doctor's office or hospital at this time. Additionally, Northern Rehab offers complimentary virtual or in-clinic consultations to provide suggestions or recommendations for further care, if appropriate.

Patients can schedule a telehealth, in-clinic, or complimentary virtual consultation appointment at any of our 4 locations including DeKalb (Sycamore Road or Lincoln Highway), Genoa and Rochelle by calling Northern Rehab at 815.756.8524. Northern Rehab office staff is available to explain virtual appointments more in detail, answer questions, help you understand your insurance benefits and coverage, and schedule an In-Clinic or Telehealth appointment.

Northern Rehab Physical Therapy Specialists, voted DeKalb's Best Physical Therapists for 8 consecutive years and Ogle County's Reader's Choice Best Physical Therapists in 2019, is a locally owned and operated physical therapy practice dedicated to providing clients with the very best customized care. For more information, please visit northernrehabpt.com. You may also find Northern Rehab on Facebook, Twitter, Instagram, and LinkedIn.