

Isolation & Quarantine Reference

Symptoms

(Both scenarios are regardless of vaccination status)

- **NO known exposure** to COVID-19 positive person

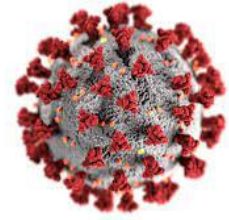
May return to work:

- ✓ 10 days** from onset of symptoms
- ✓ Symptoms improving
- ✓ Free from vomiting, diarrhea, and fever for 24 hours
 - **May return early** with documentation of a negative PCR COVID test which can occur any time after symptoms have started

- **WITH known exposure*** to COVID-19 positive person

May return to work:

- ✓ 10 days from onset of symptoms
- ✓ Symptoms improving, free from vomiting, diarrhea, and fever for 24 hours
 - **May NOT return earlier** than 10 days because there was a known exposure



NO Symptoms

NOT fully vaccinated***

- **WITH known exposure** to COVID-19 positive person

May return to work:

- ✓ 10 days from date of exposure
(must be able to social distance and perform diligent masking for 14 days)
- ✓ Remain **symptom-free**
 - If remains symptom-free, may return after 7 days (day 8) with documentation of a negative PCR COVID test on day 6 or 7
- ✓ **If symptoms develop or test positive**
 - 10 days restarts from the onset of symptoms or positive test (whichever first)
 - Symptoms improving, free from vomiting, diarrhea, and fever for 24 hours
 - **May NOT return earlier** than 10 days because there was a known exposure

Fully vaccinated

- **WITH known exposure** to COVID-19
No exclusion is necessary unless becomes symptomatic
 - ✓ Recommend testing 3-5 days after exposure

COVID-19 Positive

- **Symptom-free**
 - ✓ Isolate 10 days from positive test (10 days restarts if symptoms develop within the 10 days)
- **Symptoms**
 - ✓ Isolate 10 days from onset of symptoms or positive test (whichever first)
 - ✓ Symptoms improving, free from vomiting, diarrhea, and fever for 24 hours

***Significant exposure (close contact)** = less than 6 feet for more than 15 minutes (cumulative) without both persons being diligently masked

****Day count formula** = day of onset of symptoms, positive COVID test (if symptom-free), OR day of last contact with COVID positive person is Day 0

*****Fully vaccinated** = has received at least 2 doses of Moderna or Pfizer or at least 1 dose of J&J